



Self-Proctoring Instructions for the New SAT

1. Print the Test

Print out the official practice test from the College Board. You'll want to have a printer that's ready to handle a big print job. Once it's printed and you're ready to take the test, it's field trip time!

2. Set the Scene

Your best bet is to go to your local library, although you can do it at the kitchen table if that's better. For your field trip, remember to pack up the following stuff:

- The test you've printed out (duh)
- 5 -6 sharpened pencils
- Nice, fat eraser
- Timer (your phone is ok)
- A watch (you can't look at your phone during a section)
- Snacks and a drink for break time. These are important!
- Your calculator (more models of calculators are allowed on the SAT than on the ACT, but if you want to double check that yours is ok, look here: <http://sat.collegeboard.org/register/calculator-policy>.)
- Aim for doing the test in the morning, if possible. Remember – you're trying to simulate the real thing as much as possible. Plan for a block of approximately 3½ hours (unless you expect to have extended time – then approximately 5 hours).
- Once you're at the library, find a table with a bit of room to spread out and – with luck – no pencil tapping folks nearby. You can use your timer or phone as your bionic human proctor. Set the time for the first section (Reading – 65 minutes) and then put it where you aren't watching it. You want to use your watch to keep track of where you are in the section. Remember – phones are not even allowed in the testing center buildings.

3. Take the Test

Keep to each section's timing. Each section's time limit is printed at the beginning of the section. If you finish a section early, use the time to check over your work. If the time goes off before you're finished, you **MUST** stop right where you are. (Hint: if you see that you will not be able to finish a section, pick a column to bubble in answers straight down once you have about 30 seconds left. No penalty for guessing!)

Take a 10-minute break after the 1st section (Reading) and a 5-minute break after the 3rd section (no calculator math). The Essay is optional, but you can go ahead and give it a try here if you like. Also remember - the breaks are important! They

give your brain time to refresh and reset. This is a loooooong test, so giving yourself a bit of time to refresh is crucial.

Note: Extended Time

If you expect to have the standard extended time of 50% extra, you will have the following timing schedule:

Reading Test

49 minutes

5-minute break

49 minutes

5-minute break

Writing and Language Test

53 minutes

5-minute break

38 minutes

5-minute break

Math Test – No Calculator

38 minutes

5-minute break

Math Test – Calculator

42 minutes

5-minute break

41 minutes

4. Score the Test

After you've completed the test, you can calculate your scores, scan the documents, and email them over to us. If you do not have access to a scanner, you are welcome to take a picture with your phone and text them over to us!

Please let us know your questions.