



Woodlands Test Prep

Self-Proctoring Instructions for the New SAT

- Print out the official practice test from the College Board. You'll want to have a printer that's ready to handle a big print job.
- The first part of the document describes the test and gives you some sample questions. Take a bit of time to do some of the sample questions so you have a good idea of what the test will look and feel like. Once you're comfortable and ready to take the test, it's field trip time!
- Your best bet is to go to your local library.
- For your field trip, remember to pack up the following stuff:
 - o The test you've printed out (duh)
 - o 5 -6 sharpened pencils
 - o Nice, fat eraser
 - o Timer (your phone is ok)
 - o A watch (you can't look at your phone during a section)
 - o Snacks and a drink for break time. These are important!
 - o Your calculator (more models of calculators are allowed on the SAT than on the ACT, but if you want to double check that yours is ok, look here: <http://sat.collegeboard.org/register/calculator-policy>.)
- Aim for doing the test in the morning, if possible. Remember – you're trying to simulate the real thing as much as possible. Plan for a block of approximately 4½ hours (unless you expect to have extended time – then approximately 6 hours).
- Once you're at the library, find a table with a bit of room to spread out and – with luck – no pencil tapping folks nearby. You can use your timer or phone as your bionic human proctor. Set the time for the first section (Reading – 65 minutes) and then put it where you aren't watching it. You want to use your watch to keep track of where you are in the section. Remember – phones are not even allowed in the testing center buildings.
- Keep to each section's timing. If you finish a section early, use the time to check over your work. If the time goes off before you're finished, you **MUST** stop right where you are. (Hint: if you see that you will not be able to finish a section, pick a column to bubble in answers straight down once you have about 30 seconds left. No penalty for guessing!)
- NOTE: If you expect to have the standard extended time of 50% extra, you will multiply each section's time by 1.5 to arrive at your allowed time for that section. For example, a 60-minute section will be 90 minutes for you. So you will set your timer for each section in the regular manner but the time allowed for each section will be 50% longer.
- Take a 10-minute break after the 1st section (Reading), a 10-minute break after the 3rd section (no calculator math), and a 5-minute break after Math before

the Essay. The Essay is optional but you should go ahead and give it a try here. Also remember - the breaks are important! They give your brain time to refresh and reset. This is a loooooong test, so giving yourself a bit of time to refresh is crucial.

After you've completed the test, you can calculate your scores, scan the documents, and email them over to us. If you do not have access to a scanner, you are welcome to take a picture with your phone and text them over to us!

Please let us know any questions we can answer.